

## Glos Junior League Rules and Covid Protocols 2020-21

This is a friendly league to give under 18 players the opportunity to play competitive Netball matches this season. Normal rules have been relaxed for this season only and there are no player restrictions, other than the usual age banding.

However, there may be disparities in standard even with the 2 divisions in each age group so please consider carefully about trying to play your strongest teams. We are aiming to get Netball played - not to win at all costs. Teams will not be penalised if they cannot field a team due to Covid-10 reasons.

We are following the 'Get in, Play safe, Get out' approach, so please read these protocols and ensure that your players, coaches, officials and volunteers follow them.

### **Before match day**

All players must be EN members and must have opted-in to play Netball (via their parents) and be aware of the risks and the mitigations that are required.

Each team to provide an umpire for their match but they are not required to be independent, except for Regional U14/U16 qualification matches.

Umpires need to have opted-in, be EN members and qualified:

U18 and U16 matches - require C award umpires or above.

U14/U13/U12 matches – require Into Officiating umpires or above.

### **Match day – prior to your match**

Each team manager/coach to be responsible for their players and keep a record of squad members on the day. In line with Government guidance, all players, coaches, officials, volunteers, and others attending a match should check themselves, and anyone else in their household, for COVID-19 symptoms before they leave for a match. If they, or anyone in their household has symptoms, they should not attend.

Any participants (including coaches, officials, volunteers, and others) who have been told to self-isolate by NHS Test and Trace because of being in contact with a known COVID-19 case, must not attend.

All players, coaches, officials, and volunteers must register with their team manager/coach as they arrive to confirm that they are fit to play. They should not mix with others until this is completed.

Use the venue's QR code to register if possible. In any case team manager/coach to keep a record of all players, officials and volunteers involved in their match – **please use the Squad sheet attached.**

No spectators allowed. Parents must drop off players at main entrance no more than 15-20 minutes before match start time. Players to go straight to their allocated court (one person to check first if court is free), after sanitising hands at the sanitising station in reception.

Toilets will be allocated and signposted for each court. There are no changing facilities.

### **Playing the Match**

Team benches and score tables will be located as shown on the attached plan (for Plock Court only. If other venues are used a separate plan will be distributed). Curtains will be closed between each court.

Modified Game Rules - see [Restart guidance](#). If your team does not know these rules by now it is probably too late!

Max 30 per court (i.e. 15 per team including umpire and scorer).

Max 12 players in a squad.

Signing of results/squad sheet is not required.

Players can only play in one match per day.

U18 matches and Regional U16 qualification matches are 4x15 minute quarters, 3 minute quarter time intervals, 5 minutes at half time.

All other age groups are 4x10 minute quarters, 1 min quarter time intervals, 3 minutes at half time

Each team to provide a scorer, who can be a squad member. Must bring own pads and pencils – no sharing (if change scorer then to change pad and pencil). Scorers to sit at either end of the tables (not together).

Scorers to keep time of quarters and intervals use own timer (mobile) if possible. Timers are available in the boxes but need to be sanitised before and after and during match if necessary.

Sanitise score boards before and after matches, and between quarters if change scorer. The venue has provided sanitising equipment on each court.

Teams to sanitise hands (each team to supply their own hand gel), goal posts and ball at quarter time and after match (this is not the umpires' responsibility).

Bibs must not be shared. Bibs of different colours can be used if necessary. If no spare set of bibs is available, teams can use alternative methods as detailed in the Restart Guidance.

No sharing of drinks, sweets, or snacks.

No huddles or team chants, 3 cheers or handshakes.

Coaches and team bench please refrain from shouting and ensure that you keep to the 2m rule at intervals.

Injuries or accidents within matches should continue to be treated in the usual way. For more information see [guidance from St Johns Ambulance](#)

**After your match**

After your match, both teams are to verbally agree the final score and then both to text in the result to the online system following instructions which will be sent separately.

**Important!** For Covid compliance as a league, each team must email a copy (can be photo, scan or Word doc) of the completed squad sheet to [lesley.thomas@glos-netball.org.uk](mailto:lesley.thomas@glos-netball.org.uk) before the end of the day.

All equipment must be sanitised, including score boards, netballs, bibs, netball posts.

Players to leave court by the fire exit on their court and go straight outside. Do not linger to chat on court.

Any player, coach, official or volunteer who develops COVID-19 symptoms up to 48 hours after any netball activity must report to NHS Test and Trace and notify the COVID Officer if the test is positive.

All positive tests must be reported to your club Covid officer, to [lesley.thomas@glos-netball.org.uk](mailto:lesley.thomas@glos-netball.org.uk) and to the GCNA Covid Officer [kirsty.wingate@glos-netball.org.uk](mailto:kirsty.wingate@glos-netball.org.uk)

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